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Learn & Master Ballroom Dance With Jaimee Simon & Mark Short, From Legacy Learning, 13 DVDs, 6 CDs, A 75+ Page Workbook & Full Access To Online Support



Synopsis

Video Demonstration The thirteen DVDs contained in Learn & Master Ballroom Dance are the heart of this course. Each dance is broken down into figures with step-by-step instruction for both the lady and the gentleman, so you know exactly what and how to practice. As you learn the individual parts of each figure, the screen splits into two frames - one showing the instructor's entire body and the second showing a close-up shot of the instructor's feet. The student will be able to focus on the feet or the figure as a whole.

Printed Materials No one wants to practice along with a video all of the time! The Learn & Master Ballroom Dance lesson book is full of pictures of specific steps and dance positions in each figure for added visual learning. It also contains information on all figures demonstrated in the video lessons, so you can continue practicing at your own pace for as long as you need before moving on to the next lesson.

Dance-Along CDs This is where the fun begins! These six CDs allow you to practice your dancing, using the very same songs you'll be learning in your lessons in addition to a large collection of new music. There's no better way to learn than by dancing! The CDs contain the appropriate style of music at varying tempos for each dance. You will have endless variety in the music to practice with, so you can start slowly and gradually pick up the tempo.

Professional Instruction Once again, Legacy Learning Systems gives you a rare opportunity to study from real ballroom dancing professionals. Our instructors for Learn & Master Ballroom Dance, Mark Short and Jaimee Simon, not only are masterful dancers with very impressive bios, but they are also incredibly talented teachers and communicators. You'll laugh and learn with them, and we are honored to have them as part of our team.

Book Information

DVD-ROM

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